



MINISTRY OF HEALTH

COVID-19 UPDATE

4th January 2021

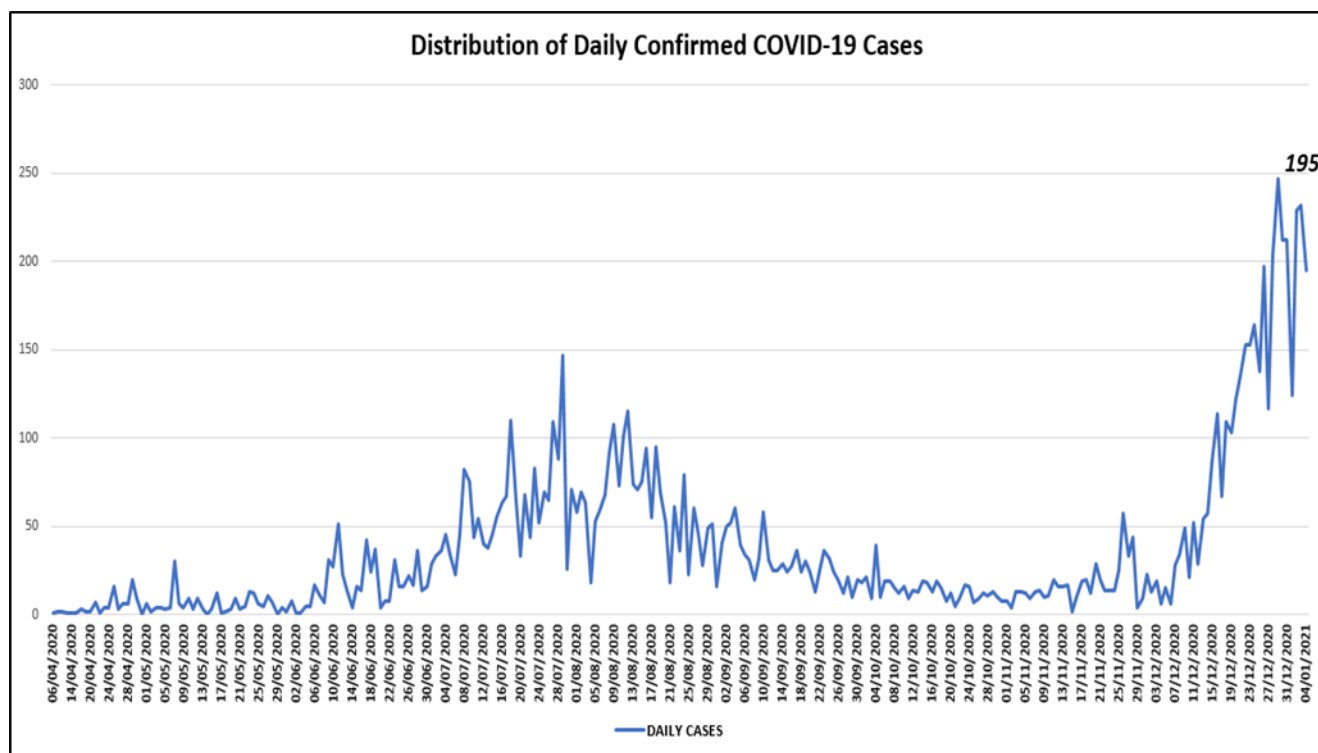
The Ministry of Health would like to inform the public of the status of COVID-19 in Eswatini. A **total of 1274 results** were received today, of which **195 tested positive**. The total number of COVID-19 confirmed cases to date is **10138**. **Thirteen (13) deaths** have been reported, taking the total COVID-19 reported deaths to **244**.

Number of deaths reported	Males	Females	Hhohho	Manzini	Lubombo	Comorbidities present
13	8	5	7	5	1	9

May their souls rest in peace.

1. BREAKDOWN OF NEWLY CONFIRMED CASES BY AGE, REGION AND CLINICAL CONDITION

AGE GROUP	ASYMPTOMATIC				MILD				MODERATE			TOTAL
	Hhohho	Lubombo	Manzini	Shiselweni	Hhohho	Lubombo	Manzini	Shiselweni	Hhohho	Lubombo	Manzini	
0-9 yrs	0	0	1	0	1	0	0	0	0	0	0	2
10-19 yrs	2	0	1	0	4	0	4	3	0	0	0	14
20-29 yrs	6	0	4	2	1	2	12	4	0	0	0	31
30-39 yrs	7	2	11	2	13	1	23	9	0	0	1	69
40-49 yrs	3	0	6	1	5	1	13	4	2	0	1	36
50-59 yrs	1	0	3	0	2	2	16	6	0	0	1	31
60-69 yrs	0	0	0	0	1	1	2	1	0	1	0	6
70-79 yrs	0	0	0	0	0	0	2	3	0	0	0	5
80+ yrs	0	0	0	0	0	0	1	0	0	0	0	1
TOTAL	19	2	26	5	27	7	73	30	2	1	3	195



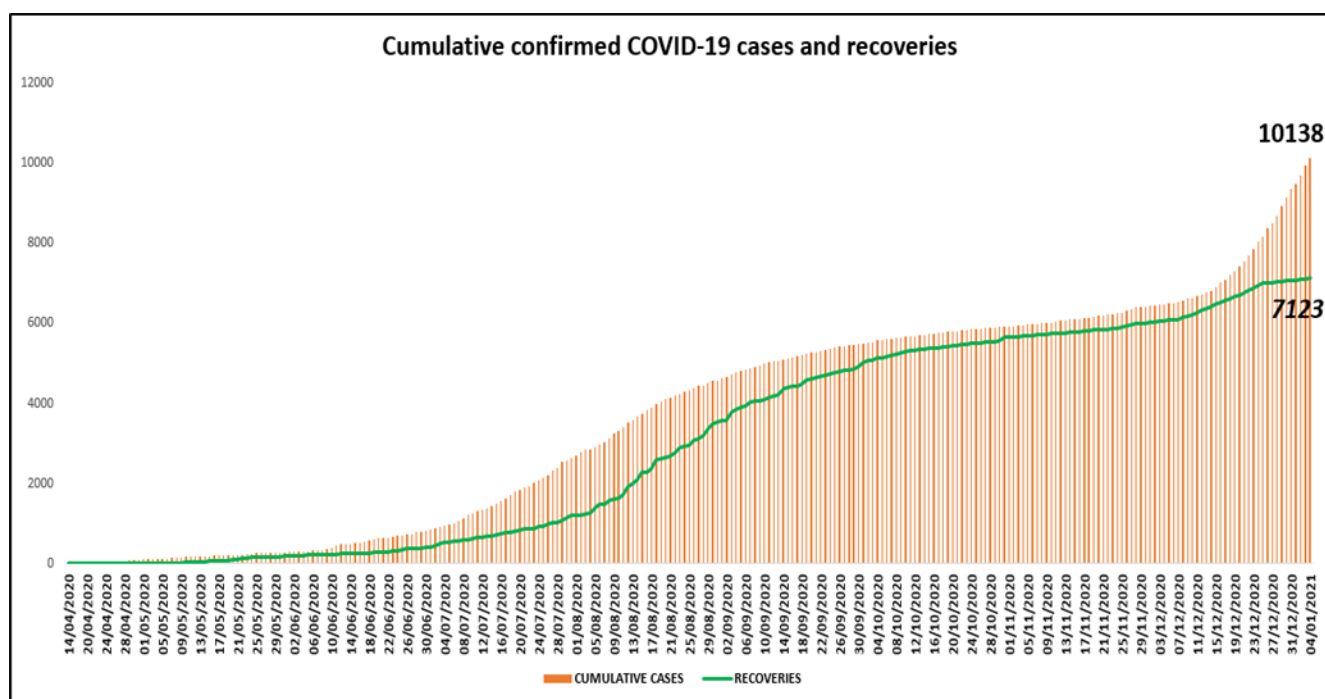
2. BREAKDOWN OF ALL CONFIRMED CASES AND OUTCOMES

Status of COVID-19 Confirmed cases	Number of Patients
Active cases	2576
Recovered	7123
Deaths	244
Registration for care	195
TOTAL	10138

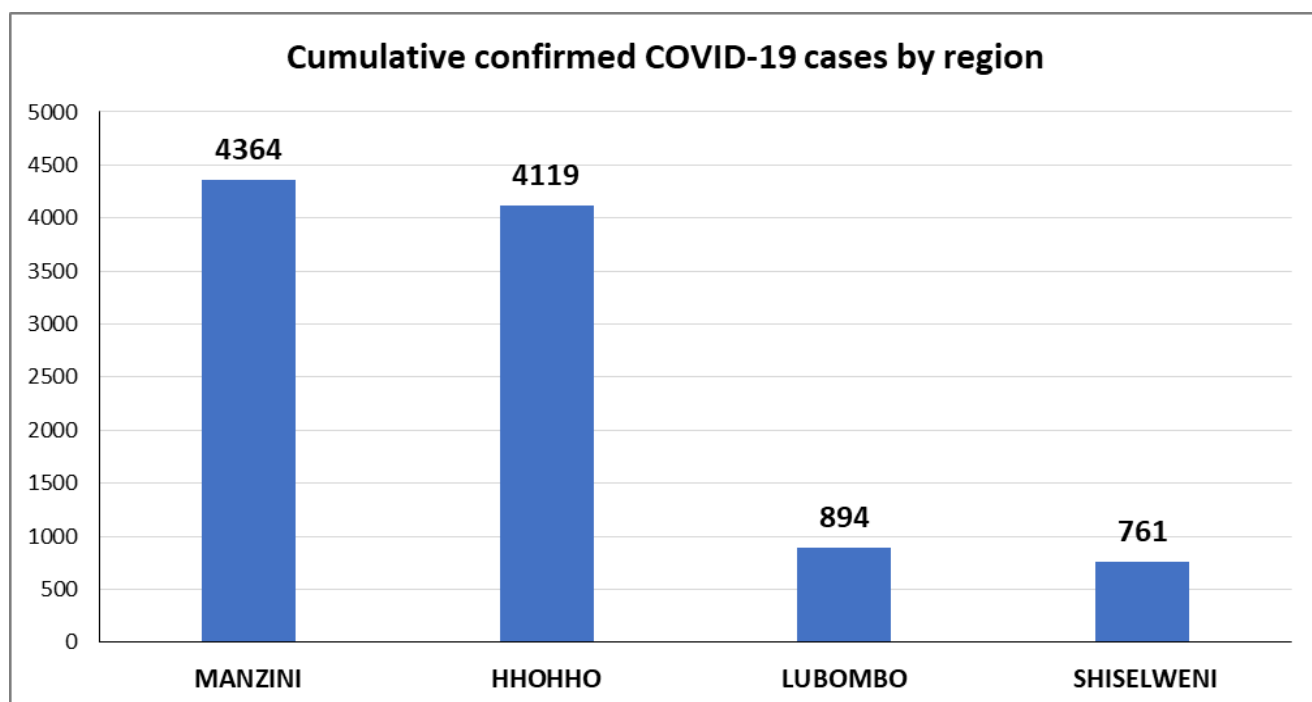
3. EMPHASIS ON PHYSICAL CHECK-UPS AND ADHERENCE TO NON-COMMUNICABLE DISEASE TREATMENT

The Ministry notes with concern the increase in numbers of deaths of confirmed COVID-19 cases as a result of co-existing medical conditions such as Diabetes Mellitus, Hypertension, Cardiac Disease and Asthma. We therefore urge the public (especially males) to ensure that they do medical check-ups regularly, at least once a year and those diagnosed with a chronic illness should adhere to the treatment as advised by the health workers.

4. CUMULATIVE CONFIRMED CASES AND RECOVERIES



5. CUMULATIVE CONFIRMED CASES BY REGION



6. CUMULATIVE CONFIRMED CASES BY AGE GROUP AND GENDER

AGE GROUP	MALE	FEMALE	TOTAL
0-9 yrs	223	221	444
10-19 yrs	364	429	793
20-29 yrs	924	1158	2082
30-39 yrs	1347	1442	2789
40-49 yrs	1009	934	1943
50-59 yrs	609	578	1187
60-69 yrs	257	305	562
70-79 yrs	127	119	246
80+ yrs	35	57	92
TOTAL	4895	5243	10138

7. MESSAGE TO THE NATION

The COVID-19 epidemic curve is showing an increase. Until a definitive treatment or vaccine for COVID-19 is found, we cannot afford complacency. Our goal as a nation is to continue to halt the spread of COVID-19 and reduce the deaths associated with it. Achieving this goal calls for a collective effort. Every individual has a role to play in protecting themselves, their families, their communities and the nation from this deadly, contagious illness.

The Ministry of Health is encouraging the public to adhere to these are the **5 MUST Dos**;

1. **Wear a mask consistently and correctly.** This protects others from getting infected, which eventually protects you as an individual.
2. **Wash your hands with soap and running water for at least 20 seconds or use an alcohol based hand sanitizer to clean your hands.** Keeping the hands clean is essential because hands carrying the coronavirus easily transmit the virus into the body when you touch your eyes, nose or mouth.
3. **Watch your distance by making sure that you keep at least 1 metre away from another person.** The greater the distance, the less the chances of getting infected by an infectious person.
4. **Avoid the “Three Cs:** Closed spaces with poor ventilation, Crowded places with many people near each other and Close-contact settings such as close-range conversations. **A combination of these 3 Cs,** results in a high transmission of the virus.
5. **Opt for the outdoors** – this is always better than indoors. Should there be a need to hold a function, it should be in line with COVID-19 regulations.

This is the time to stand together. **LET US STICK TO THESE 5 MUST DOs!**

Lizzie Nkosi (Senator)
Minister of Health