



MINISTRY OF HEALTH

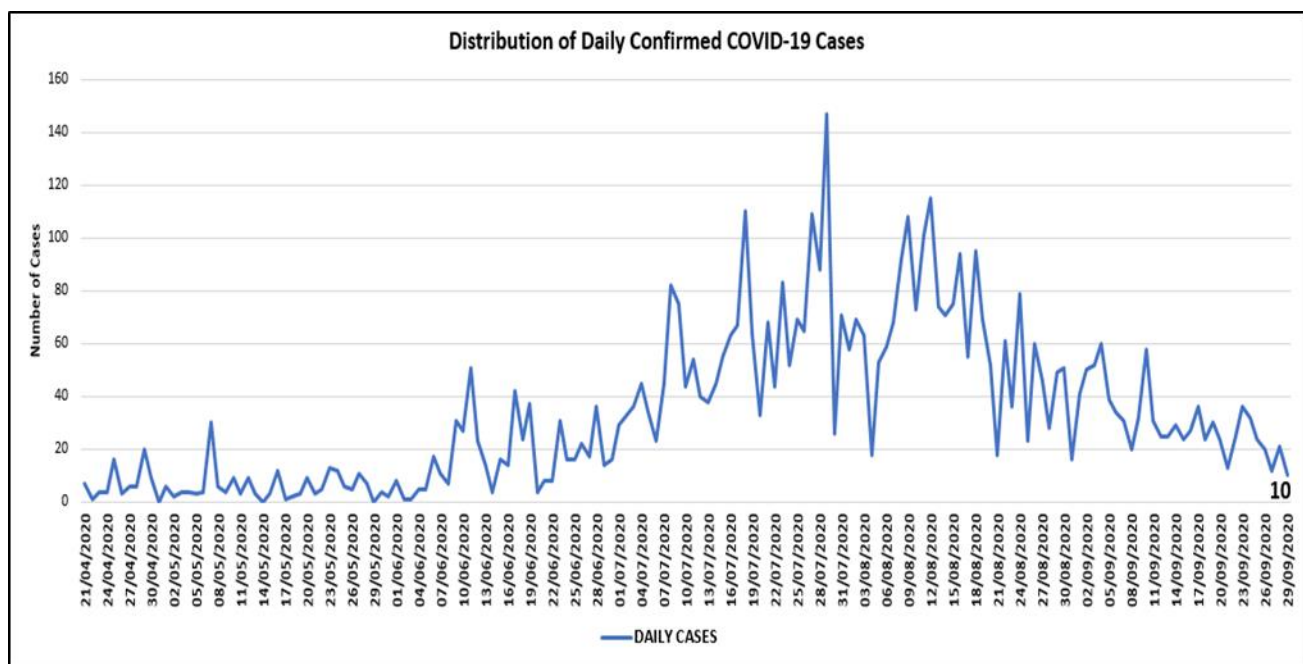
COVID-19 UPDATE

29th September 2020

The Ministry of Health would like to inform the public of the status of COVID-19 in Eswatini. A **total of 119 results** were received today, of which **10 tested positive**. The total number of COVID-19 confirmed cases to date is **5462**.

1. BREAKDOWN OF NEWLY CONFIRMED CASES BY AGE, REGION AND CLINICAL CONDITION

AGE GROUP	ASYMPTOMATIC	MILD			TOTAL
	Manzini	Hhohho	Manzini	Shiselweni	
0-9 yrs	0	0	0	0	0
10-19 yrs	0	1	0	0	1
20-29 yrs	1	0	1	1	3
30-39 yrs	0	2	1	0	3
40-49 yrs	0	2	0	0	2
50-59 yrs	0	0	1	0	1
60-69 yrs	0	0	0	0	0
70-79 yrs	0	0	0	0	0
80+ yrs	0	0	0	0	0
TOTAL	1	5	3	1	10



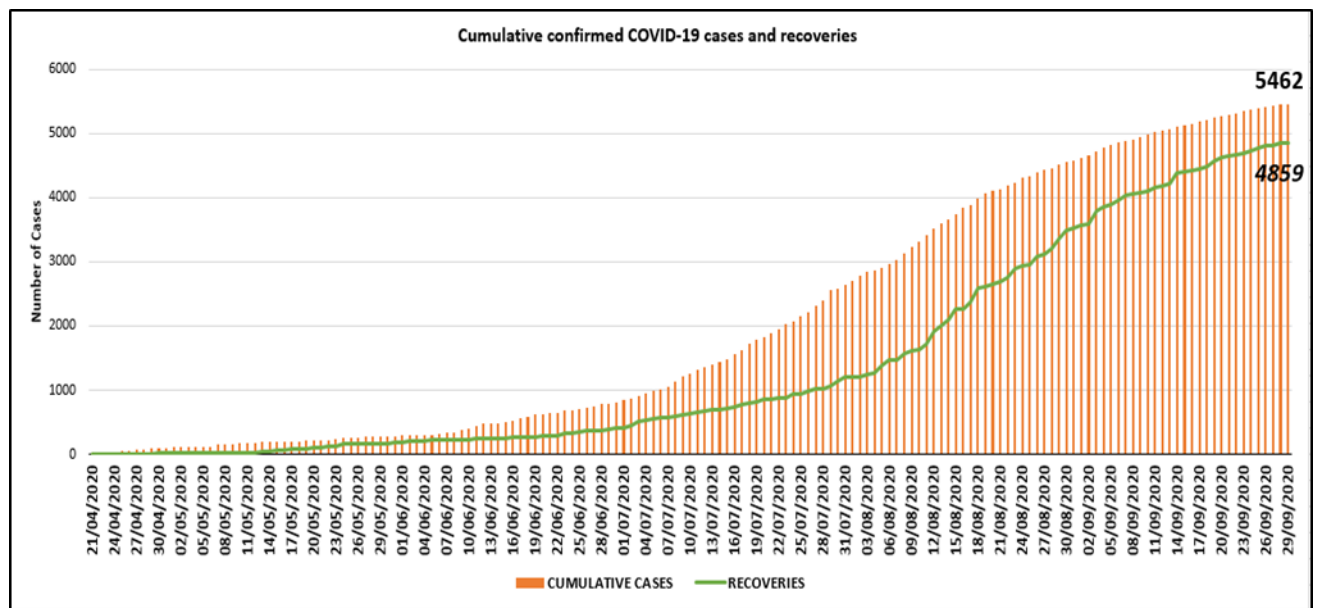
2. BREAKDOWN OF ALL CONFIRMED CASES AND OUTCOMES

Status of COVID-19 Confirmed cases	Number of Patients
Active cases	485
Recovered	4859
Deaths	108
Registration for care	10
TOTAL	5462

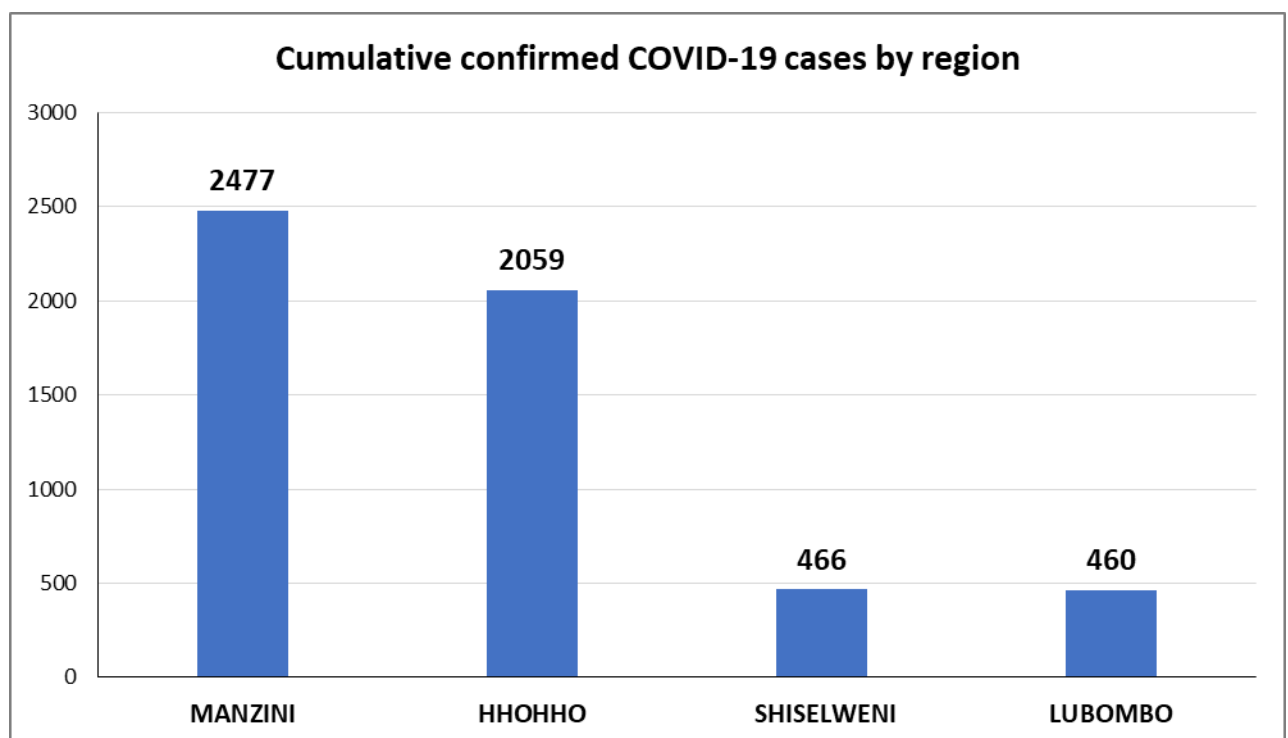
3. EMPHASIS ON PHYSICAL CHECK-UPS AND ADHERENCE TO NON-COMMUNICABLE DISEASE TREATMENT

The Ministry notes with concern the increase in numbers of deaths of confirmed COVID-19 cases as a result of co-existing medical conditions such as Diabetes Mellitus, Hypertension, Cardiac Disease and Asthma. We therefore urge the public (especially males) to ensure that they do medical check-ups regularly, at least once a year and those diagnosed with a chronic illness should adhere to the treatment as advised by the health workers.

4. CUMULATIVE CONFIRMED CASES AND RECOVERIES



5. CUMULATIVE CONFIRMED CASES BY REGION



6. CUMULATIVE CONFIRMED CASES BY AGE GROUP AND GENDER

AGE GROUP	MALE	FEMALE	TOTAL
0-9 yrs	150	145	295
10-19 yrs	211	269	480
20-29 yrs	448	646	1094
30-39 yrs	697	818	1515
40-49 yrs	524	498	1022
50-59 yrs	331	297	628
60-69 yrs	118	153	271
70-79 yrs	63	52	115
80+ yrs	15	27	42
TOTAL	2557	2905	5462

7. MESSAGE TO THE NATION

The COVID-19 epidemic curve has peaked and shows signs of being on the decline. However, the coronavirus is still circulating in the country. Until a definitive treatment or vaccine for COVID-19 is found, another exponential increase in number of cases is still possible if prevention measures are abandoned by the nation.

Our goal as a nation is to continue to halt the spread of COVID-19 and reduce the deaths associated with it. Achieving this goal calls for a collective effort. Every individual has a role to play in protecting themselves, their families, their communities and the nation from this deadly, contagious illness.

The Ministry of Health is encouraging the public to adhere to these **5 MUST Dos**;

1. **Wear a mask consistently and correctly.** This protects others from getting infected, which eventually protects you as an individual.
2. **Wash your hands with soap and running water for at least 20 seconds or use an alcohol based hand sanitizer to clean your hands.** Keeping the hands clean is essential because hands carrying the coronavirus easily transmit the virus into the body when you touch your eyes, nose or mouth.
3. **Watch your distance by making sure that you keep at least 1 metre away from another person.** The greater the distance, the less the chances of getting infected by an infectious person.
4. **Avoid the “Three Cs:** Closed spaces with poor ventilation, Crowded places with many people near each other and Close-contact settings such as close-range conversations. **A combination of these 3 Cs,** results in a high transmission of the virus.
5. **Opt for the outdoors** – this is always better than indoors. Should there be a need to hold a function, it should be held outdoors, in line with COVID-19 regulations.

This is the time to stand together. **LET US STICK TO THESE 5 MUST DOs!**

Lizzie Nkosi (Senator)
Minister of Health